

no strings badminton



Serving up a slice of healthy
fun all across Hertfordshire

'Pay & Play' sessions to suit you across Hertfordshire.....

East Herts

Wodson Park. SH12 0UQ

Tuesday 9.30am – 11am

Wednesday 7pm – 8pm

Sunday 10am – 11am

Price: £2.50 members (£3 non-members)

St Albans

Harpenden Leisure Centre. AL5 2HU

Monday 10am – 11am

Wednesday 1pm – 2pm

Price: £4.50 per hour

Roundwood Park School. AL5 3AE

Wednesday 7pm – 9pm (£4.50 per hour)

Sunday 9.30am – 11am (£5 per person)

Watford

Woodside Leisure Centre. WD25 7HH

Wednesday 11am – 1pm (45 Plus - £2.80 per person)

Friday 9.30am – 11.30am (45 Plus - £2.80 per person)

Friday 11.30am – 1.30pm (45 Plus - £2.80 per person)

Friday 8pm – 10pm (£6.65 per person)

Westfield Sports Centre. WD18 6NS

Wednesday 7pm – 8pm

Price: £3.50 per person

Welwyn Hatfield

Gosling Sports Sport, Welwyn. AL8 6XE

Friday 10am – 11.30am

Friday 12pm – 1pm

Price: £3.50 members (£4 non-members)

Hertfordshire Sports Village. AL10 9EU

Tuesday 10am – 12pm

Thursday 5pm – 6pm

Price: £2 per person

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join the fun and visit a session
In Hertfordshire

fun. friends. fitness.