

**UCP MARJON SPORT TRAINING PROGRAMME 08/09**  
**(NGB AND INDUSTRY STANDARD AWARDS)**

COURSE	DESCRIPTION	DATES	COST	TIMES
<b><u>Emergency First Aid</u></b>	A basic course in First Aid giving candidates the knowledge and skills to manage a situation until a fully qualified First Aider arrives.	Tues 4 <sup>th</sup> November 08	£35.00	5.00-9.30pm
		Tues 27 <sup>th</sup> January 09	£35.00	5.00-9.30pm
		Tues 3 <sup>rd</sup> March 09	£35.00	5.00-9.30pm
<b><u>First Aid at Work</u></b>	This certificate enables you to act as a “qualified First Aider” and gives you the confidence and knowledge to deal with First Aid in the workplace.	18 <sup>th</sup> - 21 <sup>st</sup> Nov 08	£115.00	09.00 -5.00pm
		20 <sup>th</sup> – 23 <sup>rd</sup> Jan 09	£115.00	09.00 -5.00pm
		17 <sup>th</sup> – 20 <sup>th</sup> March 09	£115.00	09.00 -5.00pm
<b><u>IRSM Supervisory Management Certificate</u></b>	For those aspiring to supervisory management roles in sport and recreation facilities and services. Split into three modules, the FULL certificate requires all three modules to be completed. (Individual modules can be undertaken)			
	1) Employment practice in Sport and Recreation	24 <sup>th</sup> ,25 <sup>th</sup> ,27 <sup>th</sup> ,28 <sup>th</sup> Nov 08	£350.00	9.00-5.00pm
	2) Finance and Admin of Sport and Recreation	26 <sup>th</sup> , 27 <sup>th</sup> , 29 <sup>th</sup> , 30 <sup>th</sup> Jan 09	£350.00	09.00-5.00pm
	3) Sports Services Operations	2 <sup>nd</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> , 6 <sup>th</sup> March 09	£350.00	09.00-5.00pm
<b><u>ISRM National Pool Plant Certificate</u></b>	<b>Foundation Certificate (one day)</b>			
	Introduces people to skills required to manage pool water and is a link to the full 3 day course.	Mon 10 <sup>th</sup> November 08	£150.00	9.00-5.00pm
		Mon 30 <sup>th</sup> March 09	£150.00	9.00-5.00pm
(The Foundation Certificate is <b>RECOMMENDED</b> to those who have little or no experience of working in a swimming pool plant, or undertaking water testing duties.)	Useful to those new to the industry and Pool staff who undertake pool water testing and cleaning.			
	<b>Pool Plant Operators Certificate (Three Day)</b>			
	A Nationally recognised qualification for those who are involved with day to day swimming pool operation and the management of pool plant.	11 <sup>th</sup> – 13 <sup>th</sup> Nov 08	£300.00	9.00-5.00pm
		31 <sup>st</sup> March – 2 <sup>nd</sup> April 09	£300.00	9.00-5.00pm
	<b>PPO Update Training (one day)</b>			
	For those with the NPPO certificate, after 5 years 1 day update training is necessary to remain valid.	November 14 <sup>th</sup> 08	£195	9.00-5.00pm
		April 3 <sup>rd</sup> 09	£195	9.00-5.00pm

<b><u>RLSS National Pool</u></b>	For those seeking employment as lifeguards or to	27 <sup>th</sup> Oct – 2 <sup>nd</sup> Nov 08	£180.00	9.00 – 5.00pm
<b><u>Lifeguard Qualification</u></b>	work in the leisure environment. Candidates must	16 <sup>th</sup> -22 <sup>nd</sup> Feb 09 (TBC)	£180.00	9.00 – 5.00pm
	be 16+, competent swimmers, and able to dive to a	6 <sup>th</sup> – 12 <sup>th</sup> April 09	£180.00	9.00 – 5.00pm
	depth of 2metres.			
	Course includes: Spinal injury management, CPR,			
	and aquatic rescue.			
<b>Sports Coach UK</b>				
<b>Workshops</b>				
<b>Coaching Essentials:</b>	• <b><u>How to coach Disabled people in sport</u></b>	Tuesday February 10 <sup>th</sup> 09	£25.00	6.00 – 8.00pm
For those who have an				
Interest in coaching but				
Limited or no experience				
<b>Develop your coaching:</b>	• <b><u>Coaching children and young people</u></b>	Tuesday December 2 <sup>nd</sup> 08	£30.00	6.00-9.00pm
Aimed at coaches who are				
Seeking further knowledge	• <b><u>Coaching methods and communication</u></b>	Thursday April 30 <sup>th</sup> 09	£30.00	6.00-9.00pm
And skills.				
	• <b><u>Safeguarding and protecting children</u></b>	Monday 20 <sup>th</sup> October 08	£28.00	6.00-9.00pm
		Monday 12 <sup>th</sup> January 09	£28.00	6.00-9.00pm
		Monday 20 <sup>th</sup> April 09	£28.00	6.00-9.00pm
<p><b><u>With various level One Coaching qualifications to be arranged throughout the year subject to demand.</u></b>  <b><u>Please check the Marjon Training notice board in the Sports Centre regularly for updates and new courses.</u></b>  <b><u>Or contact <a href="mailto:ahughes@marjon.ac.uk">ahughes@marjon.ac.uk</a></u></b></p>				
<p><b><u>All course dates, times, and costs are subject to change.</u></b>  <b><u>Courses dates are provisional upon reaching a minimum number of applicants.</u></b></p>				
<p><b>Courses can be applied and paid for at the Sports Centre Reception from Monday October 6<sup>th</sup> 08 by cash or cheque, or cheques to Anna Hughes, Marjon Training, UCP Marjon Sport and Leisure, Derriford Rd, Plymouth, PL6 8BH.</b>  <b>Course application forms are available from the Sports Centre Reception or the Marjon Training Notice board in the Sports Centre.</b></p>				
<p><b>TERMS AND CONDITIONS APPLY</b></p>				

