



Summer 10 Hockey Camps

Specialist Hockey Camps for the
Summer Holidays

All round skills

Attacking Skills

Defending Skills

Junior Skills

Goal Keeping Skills

Residential

Over 5 Hours hockey training each day

Run by international and HA qualified coaches

Hosted at Southgate Hockey Centre boasting a
water pitch

Please book early as places are limited

I would like to attend the following camps - please tick the boxes below:
*(Note: There is £10 discount offered for multiple bookings for siblings.
 £10 off 2nd & 3rd bookings)*
 (you can apply for more than one camp on the same form)

- CAMP 1, Junior GK Skills 26/27 July - (£50)
- CAMP 2, Junior GK Skills 17 August - (£25)
- CAMP 3, Improvers GK Camp for age 12-16– 28/29 July - (£50)
- CAMP 4, Advanced GK Skills for age 12-16– 18/19 August - (£60)

ADVANCED CAMPS - (£60)

- CAMP 5 28/29 July
- CAMP 6 18/19 Aug
- CAMP 7 25/26 Aug

IMPROVERS CAMPS - (£50)

- CAMP 8 26/27 July
- CAMP 9 16/17 Aug
- CAMP 10 23/24 Aug

JUNIOR SKILLS - (£50)

- CAMP 11 26/27 July
- CAMP 12 16/17 Aug
- CAMP 13 23/24 Aug

Advanced Residential, Boys 1-6 Aug, 8-13 Girls, A six day residential camp for those training at Academy and Regional level and above. Please contact us for further details or download from www.southgatehc.org.uk.

Please tick the levels you have played at and name the school, club and county that you play for.

| | Name of school/club etc | Level of Experience | | | | | |
|--------|-------------------------|---------------------|-----|-------------|-------------|-----|-----|
| | | Beginner | U11 | U12/ U13 | U14/ U15 | U16 | U18 |
| School | | | | | | | |
| Club | | | | | | | |
| County | | | | | | | |
| Region | | | | | | | |
| Other | | | | | | | |

Cheques should be made payable to 'Southgate Hockey Centre'. Please ensure the name of the child and cheque guarantee card number are written on the back of the cheque. I agree that hockey is a contact sport and there is the possibility of injury. I therefore consent to first aid being carried out in the event of an injury. I agree that Southgate Hockey Centre reserve the right to remove any disruptive children from the course and that they accept no responsibility for loss or damage whether to person or property in connection with this camp. I also consent to my child being photographed/filmed for coaching/promotional purposes.

Signed: _____ (Parent/Guardian)

Signed: _____ (Hockey Player)

Date: _____

Booking Conditions

1. You must book and pay for the full length of the course to receive the published course price.
2. A cancellation policy applies as follows: 28 days or more - full refund, 14-28 days - loss of 50% of course fee, 1-14 days - loss of 75% of course fee
3. Southgate Hockey Centre reserves the rights to exclude or refuse entry to the Camp if we believe that any person is causing damage to the facilities, or is disruptive to the other attendees. No refund will be given under these circumstances.
4. Southgate Hockey Centre reserves the rights to cancel a course if there are insufficient numbers.



Which course should you attend?

Our camps are divided into 5 types to ensure that we provide the appropriate coaching and competition within the camp.

TYPE 1 - GK – Specialist camps for Goal Keepers, boys and girls aged 8-16.

TYPE 2 – Advanced Aged 12-16 – for boys and girls aged 12-16 playing county Academy hockey and above. Expect to work hard but also expect to reach new levels and learn new skills. Price £60

TYPE 3 - Improvers – for boys and girls aged 12 – 16 who have just started or who have been playing a little while but have yet to reach the dizzy level of county Academy hockey. Price £50

TYPE 4 - Junior skills – for boys and girls aged 8-11 of all levels - Price £50

TYPE 5 – Advanced Residential, for those training at County Academy and Regional level and above. Please contact us for further details or download from www.southgatehc.org.uk.

TYPE 1 - GOALKEEPERS CAMP

Junior GK Skills

CAMP 1 – 2 days, Mon 26 & Tues 27 July, CAMP 2 - 1 day, Tues 17 Aug

A fun course in goalkeeping skills For girls and boys aged 8 to 11. The course will include basic positioning and posture, left and right hand saves, 1v1s, 2v1s, kicking, pad saves. Limited number of GK kits are available. Price £25 per day (lunch is not included)

2-Day Improver GK Camp Age 12-16 CAMP 3 - Thur 28 & Fri 29 July

A course in gk skills for boys and girls who haven't reached the dizzy heights of full Academy level hockey and are looking improve. The course will include a range of GK skills and will be tailored to the needs of the GKs attending. Price £50 per for the two days (lunch is not included).

2 day - Advanced GK Camps Age 12-16 – CAMP 4 - Wed 18 Aug & Thur 19 Aug

An intensive course in goalkeeping skills for boys and girls at Academy level and above. The course will include a range of GK skills and will be tailored to the needs of the GKs attending. Price £60 (lunch is not included).

TYPE 2 - ADVANCED CAMPS

CAMP 5- ATTACKING SKILLS, ADV - 10am- 4pm, Wed 28 & Thur 29 July

CAMP 6 DEFENDING SKILLS - ADV - 10am- 4pm, Wed 18 & Thur 19 Aug

CAMP 7 – ALL ROUND SKILLS - ADV - 10am- 4pm, Wed 25 & Thur 26 Aug

Advanced camps covering a range of skills for boys and girls aged 12 to 16, playing academy hockey and above. . If you are below this standard the improvers camps will be more appropriate. Price £60 (lunch is not included).

TYPE 3 - IMPROVERS CAMPS

CAMP 8 - 10am - 4pm, Mon 26 & Tues 27 July

CAMP 9 - 10- 4pm, Mon 16 & Tues 17 Aug

CAMP 10 – 10am- 4pm, Mon 23 & Tues 24 Aug

Intermediate camps covering on a range of basic attacking and defending skills. This camp is for boys and girls aged 12 to 16 who want to improve their skills. Price £50 (lunch is not included).

TYPE 4 - UNDER 12S HOCKEY SKILLS CAMP

CAMP 11 - 10am - 4pm, Mon 26 & Tues 27 July

CAMP 12 - 10am - 4pm, Mon 16 & Tues 17 Aug

CAMP 13 - 10am - 4pm, Mon 23 & Tues 24 Aug

A fun course of hockey skills for children of all abilities. Children will be divided into groups on the first morning and coached according to experience and ability. The course will include training and exercises designed to introduce new skills and develop technique. There will of course be lots of games and competition. This course is suitable for beginners.

Hockey Camp Application Form

Please complete and return to: **Hockey Camps, Southgate Hockey Centre, Trent Park, Snakes Lane, Oakwood, London. EN4 0PS Tel 020 8440 7574**

Player Details

Player Name: _____

Date of Birth: _____ Gender: Male / Female

Address: _____

Do you have any health problems that we should know about? (asthma, allergies etc): _____

Position: (please tick): Defender Midfield Attacker GK

Parent/Guardian Details

Name: _____

Relationship: _____

Address (if different from above) _____

Contact Numbers : (Day) _____

(Eve) _____

(Mobile) _____

(Email) _____

How did you find out about SHC Hockey Camps? (please tick)

Southgate Hockey Centre My own club Website

Southgate Hockey Club County/Regional Training School

Everyone's a winner Other _____