

I would like to attend the following camps - please tick the boxes below:
(Note: There is £10 discount offered for multiple bookings for siblings.
£10 off 2nd & 3rd bookings)
(you can apply for more than one camp on the same form)

- CAMP 1, Improvers - Core Skills -- 23/24 July - (£50)
- CAMP 2 Under 12s Skills Camp – 23/24 July - (£50)
- CAMP 3, - Advanced Attacking Skills for age 12-16– 27/28 July - (£60)
- CAMP 4, Improvers Attacking Skills, – 30/31 July - (£50)
- CAMP 5, Under 12s Skills Camp – 30/31 July - (£50)
- CAMP 6 Improvers Defending Skills, – 17/18 August - (£50)
- CAMP 7, Under 12s Skills Camp – 17/18 August - (£50)
- CAMP 8, Advanced Defending Skills for age 12-16, – 19/20 August - (£60)

Advanced Residential, Boys 2-7 Aug, 9-14 Girls, A six day residential camp for those training at County and Regional level and above. Please contact us for further details or download from www.southgatehc.org.uk.

Please tick the levels you have played at and name the school, club and county that you play for.

	Name of school/club etc	Level of Experience				
		U11	U12/U13	U14/U15	U16	U18
School						
Club						
County						
Region						
Other						

Cheques should be made payable to 'Southgate Hockey Centre'. Please ensure the name of the child and cheque guarantee card number are written on the back of the cheque. I agree that hockey is a contact sport and there is the possibility of injury. I therefore consent to first aid being carried out in the event of an injury. I agree that Southgate Hockey Centre reserve the right to remove any disruptive children from the course and that they accept no responsibility for loss or damage whether to person or property in connection with this camp. I also consent to my child being photographed/filmed for coaching/promotional purposes.

Signed: _____ (Parent/Guardian)

Signed: _____ (Hockey Player)

Date: _____

Booking Conditions

1. You must book and pay for the full length of the course to receive the published course price.
2. A cancellation policy applies as follows: 28 days or more - full refund, 14-28 days - loss of 50% of course fee, 1-14 days - loss of 75% of course fee
3. Southgate Hockey Centre reserves the rights to exclude or refuse entry to the Camp if we believe that any person is causing damage to the facilities, or is disruptive to the other attendees. No refund will be given under these circumstances.
4. Southgate Hockey Centre reserves the rights to cancel a course if there are insufficient numbers.



Summer 09 Hockey Camps

**Specialist Hockey Camps for the
Summer Holidays**

- Attacking Skills**
- Defending Skills**
- Junior Skills**
- Residential**

Over 5 Hours hockey training each day
 Run by international and HA qualified coaches
 including

Hosted at Southgate Hockey Centre boasting a
 water pitch

Please book early as places are limited

Which course should you attend?

Our camps are divided into 3 types to ensure that we provide the appropriate coaching and competition within the camp.

TYPE 1 - GK – Specialist camp for Goal Keepers, boys and girls aged 12 to 18. - Price £75

TYPE 2 – Advanced Aged 12-16 – for boys and girls aged 12-16 playing county hockey and above. Expect to work hard but also expect to reach new levels and learn new skills. Price £60

TYPE 3 - Improvers – for boys and girls aged 12 – 18 who have just started or who have been playing a little while but have yet to reach the dizzy level of county hockey. Price £50

TYPE 4 - Junior skills – for boys and girls aged 8-12 of all levels - Price £50

TYPE 5 – Advanced Residential, for those training at County and Regional level and above. Please contact us for further details or download from www.southgatehc.org.uk.

(The girls residential camp is full. There are still places available on the boys residential camp)

TYPE 1 - GOALKEEPERS CAMP

No dates have been set for this camp yet

TYPE 2 - ADVANCED CAMPS

CAMP 3- ATTACKING SKILLS, ADV - 10am- 4pm, Mon 27 & Tues 28 July

An advanced camp concentrating on a range of attacking skills, beating a player, ball manipulation, scoring goals from close in and further out, using both forehand and reverse stick shots.

CAMP 8 DEFENDING SKILLS - ADV - 10am- 4pm, Wed 19 & Thur 20 August

An advanced camp concentrating on a range of defending skills, including how to make life difficult for attackers, channelling, jab tackling and block tackling.

TYPE 3 - IMPROVERS CAMPS

CAMP 1 - IMPROVERS SKILLS - 10am - 4pm, Thur 23 & Fri 24 July

An intermediate camp covering on a range of basic attacking and defending skills. This camp is for boys and girls who want to improve their skills..

CAMP 4 - ATTACKING SKILLS – IMP - 10- 4pm, Thur 30 July & Fri 31 August

An intermediate camp concentrating on a range of attacking skills, beating a player, ball manipulation, scoring goals from close in and further out, using both forehand and reverse stick shots.

CAMP 6 - DEFENDING SKILLS, IMP - 10am- 4pm, Mon 17 & Tues 18 August

An intermediate camp concentrating on a range of defending skills, including how to make life difficult for attackers, channelling, jab tackling and block tackling.

TYPE 4 - UNDER 12S HOCKEY SKILLS CAMP

CAMP 2 - 10am - 4pm, Thur 23 & Fri 24 July

CAMP 5 - 10am - 4pm, Thur 30 & Fri 31 July

CAMP 7 - 10am - 4pm, Mon 17 & Tues 18 August

A fun course of hockey skills for children of all abilities. Children will be divided into groups on the first morning and coached according to experience and ability. The course will include training and exercises designed to introduce new skills and develop technique. There will of course be lots of games and competition. This course is suitable for beginners

Hockey Camp Application Form

Please complete and return (include a passport sized photo if you have not sent one to us in the past year) to: **Hockey Camps, Southgate Hockey Centre, Trent Park, Snakes Lane, Oakwood, London. EN4 0PS Tel 020 8440 7574**

Player Details

Player Name: _____

Date of Birth: _____ Gender: Male / Female

Address: _____

Do you have any health problems that we should know about? (asthma, allergies etc): _____

Position: (please tick): Defender Midfield Attacker GK

Parent/Guardian Details

Name: _____

Relationship: _____

Address *(if different from above)* _____

Contact Numbers : (Day) _____

(Eve) _____

(Mobile) _____

(Email) _____

How did you find out about SHC Hockey Camps? *(please tick)*

Southgate Hockey Centre My own club Website

Southgate Hockey Club County/Regional Training School

Everyone's a winner Other _____